

CHAPTER 9: GERIATRICS AND EXTENDED CARE

CVAMC GERIATRICS AND EXTENDED CARE SERVICES

Geriatrics and Extended Care Services provides elderly or chronically ill veterans with coordinated care that focuses on individual needs, enabling each patient to enjoy the highest quality of life possible. Through a system of care management, we provide assessment, prevention, stabilization, and rehabilitation to eligible residents.

Services that are provided fall into the following categories: Hospice and Palliative Care, Home Health Care and Adult Day Health Care & Community Living Center Care.

These individual services include:

- Physician Care
- Interdisciplinary Care Planning
- Nursing Care
- Physical, Speech, Occupational, and Recreational Therapy
- Laboratory, Radiology, and CAT Scan
- Nutritional Counseling
- Home Based Primary Care
- Home Health Care
- Adult Day Health Care
- Skilled Nurse Visits
- Respite Care
- Home Safety Evaluations
- Spiritual Counseling
- Bereavement Counseling
- Home Hospice
- Community Nursing Home
- Spinal Cord Injury and Disorder Referrals

Geriatrics & Extended Care Services	
Program Information and Admissions	(610) 384-7711 x 5119

*Above source directly from:

http://www.coatesville.va.gov/services/GeriatricsExtendedCare/Geriatrics_and_Extended_Care_Services.asp;

* Source: Information on Geriatric & Extended Care Programs via Director, Denise O'Donnell and Social Work Supervisor for GEC/Primary Care, Trapeta Mayson ; verified 12/2010

CVAMC GERIATRIC REFERRAL AND ELIGIBILITY

Referral To Apply for admission to VA inpatient Community Living Centers or VA services provided by private agencies, please provide:

- DD214- Service Discharge Form
 - GO TO <http://www.archives.gov/veterans/evetrecs/index.html> to request a copies of Military Records
- 10-10EZ - Application for Health Benefits
- 10-10EC - Application for Extended Care Services
- Statement of understanding
- Medical Records

- Preadmission Information Application Form:
 - GO TO <http://www.coatesville.va.gov>
 - CLICK ON Patient Information on right; then CLICK ON Patient Preadmission Forms to download and print form. Once completed to fax to *610-466-2226

Eligibility To determine eligibility status and learn about enrollment, please call (610) 384-7711 or 1-800-290-6172, extension 5008 or 5034.

*Above source directly from:

http://www.coatesville.va.gov/services/GeriatricsExtendedCare/Eligibility_and_Referral.asp;

* Source: Information on Geriatric & Extended Care Programs via Director, Denise O'Donnell and Social Work Supervisor for GEC/Primary Care, Trapeta Mayson ; verified 12/2010

CVAMC COMMUNITY LIVING CENTER

Our Community Living Center provides compassionate full-time nursing care to Veterans with chronic stable conditions. Each veteran is treated with individual care and attention. As part of this, we guide Veterans to make their own choices in care options. We keep their independence and dignity in mind at all times. We strive to provide our Veterans with the highest quality lifestyle possible.

Community Living Center offers the following services:

- Nursing and Rehabilitative Care, short and long stay
- Behavioral Health, short and long stay
- Dementia Care, short and long stay
- Respite Stay
- Hospice and Palliative Care

For more information, please call (610) 384-7711 extension 5119

*Above source directly from:

http://www.coatesville.va.gov/services/GeriatricsExtendedCare/Community_Living_Center.asp; * Source: Information on Geriatric & Extended Care Programs via Director, Denise O'Donnell and Social Work Supervisor for GEC/Primary Care, Trapeta Mayson ; verified 12/2010

CVAMC HOME HEALTH CARE AND ADULT DAY HEALTH CARE

Often, as people age, it becomes increasingly difficult for them to manage a household and their own health care without help. Our Home Health Care and Adult Day Health Care programs assist elderly work Veterans who live in their own homes. By providing quality care at home and at licensed facilities, we hope to keep Veterans living independently as long as possible.

Homemaker Home Health Care provides veterans with a Medicare state licensed aide for one to five days a week in the home.

This same service provides respite care to all eligible Veterans and their caregivers. Each entitled Veteran is granted 30 days per year of in-home respite care, providing relief to the primary caregiver for up to six hours on each of those days. In-home respite care is provided in addition to a Veterans' regularly scheduled Homemaker and Home Health Care visits.

Our Homemaker Home Health Care program offers the following services:

- Bathing, Shaving, Dressing
- Ambulating
- Medication Supervision
- Laundry
- Shopping (limited)
- Light Housekeeping

Skilled Home Care provides Veteran with services from a licensed nurse, as well as, short term physical, occupational and speech therapy. A VA primary care provider must recommend Skilled Home Care in order for a Veteran to receive it.

Adult Day Health Care is daytime care provided in state licensed, community based facilities. Veterans receiving this care live in their own home and attend one to three days per week, from Monday through Saturday.

Our Adult Day Health Care program offers the following services:

- Therapeutic Activities
- Medication Monitoring
- Personal Care (if needed)
- Balanced Meals in a Supervised Setting

For more information about Home Health Care and Adult Day Health Care, please call (610) 384-7711, extension 5119

*Above source directly from:

http://www.coatesville.va.gov/services/GeriatricsExtendedCare/Home_Health_Care_and_Adult_Day_Health_Care.asp;

Source: Information on Geriatric & Extended Care Programs via Director, Denise O'Donnell and Social Work Supervisor for GEC/Primary Care, Trapeta Mayson ; verified 12/2010

CVAMC HOSPICE AND PALLIATIVE CARE

Hospice care is specialized care for Veterans who are terminally ill and have less than six months to live. We provide in-home hospice care through community based agencies. When this is not possible, we offer inpatient hospice care here at Coatesville VAMC in a warm, home like environment. While Veterans are receiving this specialized care, we provide the highest quality of life possible and focus our efforts on the Veteran's comfort above all. We also provide emotional and spiritual support for family members who are facing life without love ones.

Palliative care is specialized "comfort" care for Veterans who are terminally ill but do not qualify for hospice because they are expected to live more than six months. Typically, these Veterans are experiencing significant pain and discomfort. Palliative care focuses on managing the pain and discomfort and lessening it to a level where the Veteran can return to his or her previous residence.

Hospice and palliative care focus on pain relief and comfort rather than a cure. Our center provides a pleasant home-like atmosphere. We have a fully equipped, home-style kitchen where our Veterans and their guests can enjoy a meal. Our meditation room offers a quiet place for reflection. And, our beautiful garden, located in the courtyard, contains a waterfall that provides a sense of peace and serenity for all who visit it.

Our hospice and palliative programs offer the following services:

- Physician Care
- Nursing Care
- Emotional Support
- Spiritual Counseling
- Nutritional Counseling
- Physical, Speech and Occupational Therapy
- Recreational Therapy
- Bereavement Counseling
- Medical Consultation Services
- Volunteer Support

For more information about Hospice and Palliative care services please call (610) 384-7711, extension 3130/3131.

*Above source directly from:

http://www.coatesville.va.gov/services/GeriatricsExtendedCare/Hospice_and_Palliative_Care.asp:

* Source: Information on Geriatric & Extended Care Programs via Director, Denise O'Donnell and Social Work Supervisor for GEC/Primary Care, Trapeta Mayson ; verified 12/2010

HOME BASED PRIMARY CARE

Veterans Affairs Medical Center

1400 Black Horse Hill Road

Coatesville, PA 19320-2096

Local - 610-384-7711

Toll Free - 1-800-290-6172

Home Based Primary Care - ext. 3373/3381

VA Nurse Health Line - 1-888-558-3812

Promote Elder Ready Veterans in their Communities with Care Coordination:

- Aging in place with the Veteran and their Caregiver
- Provide the (Interdisciplinary) Care team
 - Registered Nurse
 - Physician Assistant/Nurse Practitioner
 - Dietitian
 - Physical therapist
 - Social Worker
 - Medical Doctor
- Assess mobility
- Physical illness
- Depression
- Stressors
- Chronic Medical Conditions

Interventions - develop and implement a Personalized Care Plan incorporating:

- Medical Treatment
- Education, Training and Communication
- VA and Community Resources and Referrals
- Home Health Aide
- Companion Service
- Skilled Care (PT, Speech, Wound Care)
- Assist with medical equipment
- Meals on Wheels Program

Social Worker will provide:

- Support groups for caregivers
- Network with extended family and friends
- Respite
- Emotional support
- Financial benefits

Long Term Care Planning:

- Advanced Directive/Living Will
- Estate Planning
- Assisted Living and Skilled Nursing Facilities
- Palliative Care/Comfort Care

The Dietitian:

- Reviews nutritional status of patient
- Educates patient and/or caregiver on diet
- Explains food drug interactions
- Participates in treatment planning for patient

The Physical Therapist:

- The Physical Therapist will assess your ability to function in your home. He/She may order equipment to assist you in caring for yourself and assist you in exercises to increase your mobility and independence

Telehealth Program

-provides a unique opportunity to address both the medical and social needs of Veterans and enhance the existing care.

-Through the use of remote home monitoring technology, systems management improves significantly and the Veteran and Caregiver have Care Coordination

www.myhealthvet.com

Home Based Primary Care Mission Statement

The Coatesville VA Home Based Primary Care Program delivers quality primary care to eligible Veterans at home with dignity and respect. It utilizes the interdisciplinary team approach and addresses the medical, functional, psychosocial and spiritual needs of the Veteran. It is Veteran oriented, facilitates the access of needed care and supports the caregiver in maintaining the Veteran at home.

Local - 610-384-7711 ext. 3373/3381

Toll Free - 1-800-290-6172

Home Based Primary Care - ext. 3373/3381

VA Nurse Health Line - 1-888-558-3812

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CVAMC MEDICAL FOSTER CARE PROGRAM

For more information, please contact, Medical Foster Care Coordinator, Ferlin Charles, LICSW
610-384-7711, extension 3398

This program is for: Veterans who are seeking an alternative to nursing home placement.

Available services: Veteran receives 24 hour supervision along with room and board. Veteran resides with a caregiver in a private home and becomes part of the family. The program offers independence, choice and an improved quality of life for the Veteran.

Who May Receive Services? Who is eligible?

Eligible Veterans are unable to safely live independently for physical and/or mental health reasons. Veterans receive their primary care through our Home Based Primary Care program. Veterans are required to have sufficient income in order to pay the caregiver for their services.

Appointments/ Refer to this program by: Medical Foster Home

For more information, please contact: 610-384-7711, extension 3398

*Source: Medical Foster Care Program Info Coordinator, Ferlin Charles; 6/2010

